


APRIL 2022 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
BAJA SALAD NEW April 27th Sweet yellow corn, black beans, fresh grape tomatoes and shredded cheddar on a bed of romaine salad mix. Paired with ranch dressing and a corn muffin.	<div style="text-align: center;">  <p>DON'T GET YOUR TONGUE IN A TWIST</p> <p>It's surprisingly easy to jumble certain sayings. Try saying these phrases slowly, then 3 times fast. Invite your family & friends to join you. Can you say these phrases correctly every time? Can you think of other examples?</p> </div> <div style="display: flex; justify-content: space-between;"> <div style="width: 20%;"> <p>1. SELFISH SHELLFISH</p> </div> <div style="width: 20%;"> <p>2. FRESHLY FRIED FLYING FISH</p> </div> <div style="width: 20%;"> <p>3. EDDIE EDITED IT</p> </div> <div style="width: 20%;"> <p>4. TRULY RURAL</p> </div> <div style="width: 20%;"> <p>5. SIX SLIPPERY SNAILS SLID SLOWLY SEAWARD</p> </div> </div>		Cheesy Flatbread + or Southwest Queso Cheesy Pull-Aparts + or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Spinach Salad / Ranch Dressing Fresh Celery Craisins	
Corn Dog Mustard or Roasted Chicken Drumstick / Biscuit or Fresh Apple & Cheese Plate + / Goldfish Pretzels Baked Beans + Fresh Fruit	Mini Confetti Pancakes Poultry Sausage or Cheeseburger Ketchup or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Tater Tots / Ketchup Fresh Fruit	Meat Combo Calzone or Cheeseburger Meatloaf Breadstick or Italian Salad Breadstick / Italian Dressing Steamed Broccoli Craisins	Breaded Chicken Sandwich / BBQ Sauce or Meatball Pizza Sub or Nacho Salad Tostitos Scoops / Goldfish Crackers Steamed Mixed Vegetables 100% Fruit Juice	Jumbo Cheese Ravioli + or Fish Sticks + Tartar Sauce or Strawberry Yogurt w/ Granola + / Scooby Doo Graham's Steamed Carrots with Rice Fresh Fruit
Deep Dish Galaxy Cheese Pizza + or French Toast Sticks Poultry Sausage or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Sweet Potato Fries Fresh Fruit	Rotini with Meatballs or Mini Corn Dogs & Pretzel Bites / Cheese Sauce or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Broccoli Fresh Fruit	HOLIDAY MEAL Turkey with Gravy Dinner Roll or Chicken Nuggets Dinner Roll / BBQ Sauce or All-American Salad Dinner Roll / French Dressing Mashed Potatoes Fresh Fruit Chocolate Belly Bears	Hot Diggity Dog Ketchup or Soft Tacos Taco Sauce or Popcorn Chicken Salad Breadstick / Ranch Dressing BBQ Black Beans Flavored Applesauce	All American Cheese Melt + or Pizza Crunchers + or Strawberry Yogurt w/ Granola + / Scooby Doo Graham's Steamed Green Beans 100% Fruit Juice
Cheesy Baked Penne + Steamed Broccoli Fresh Fruit	Italian Cheese & Garlic Cheesy Pull Aparts + or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Steamed Carrots Craisins	Cheeseburger Ketchup or Mini Corn Dogs Mustard or Popcorn Chicken Salad Breadstick / Ranch Dressing Baked Beans + Baby Carrots Fresh Fruit	Southwest Chicken & Rice Bowl or Breaded Chicken Sandwich / BBQ Sauce or Nacho Salad Tostitos Scoops / Scooby Doo Graham's Sweet Golden Corn Fresh Fruit	Meatball Pizza Sub or Chill Con Carne Combread Poppers or Chicken Caesar Salad Dinner Roll / Caesar Dressing Steamed Mixed Vegetables 100% Fruit Juice
Chicken Tenders Breadstick / BBQ Sauce or Turkey Ham & Cheese Melt or Strawberry Yogurt w/ Granola + / Scooby Doo Graham's Baked Beans + Fresh Fruit	Cheesy Flatbread + or Corn Dog Mustard or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Green Beans Flavored Applesauce	Nacho Combo Tostito's Scoops or Cheeseburger Meatloaf Breadstick or NEW! Baja Salad + Corn Muffin / Ranch Dressing Steamed Carrots 100% Fruit Juice	Hot Diggity Dog or Classic Hamburger or Popcorn Chicken Salad Breadstick / Ranch Dressing French Fries / Ketchup Fresh Fruit	Chicken Parmesan with Spaghetti or Southwest Queso Cheesy Pull-Aparts + or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Romaine Salad / Ranch Dressing Fresh Grape Tomatoes Craisins

Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
 - Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
 - Nutrition and allergen information available at www.FSPro.com
 - Menu items do not contain pork
 - + Item does not contain meat
- *Menu Subject to Change*



Please visit us at www.FSPro.com